Autumn 1 - Learning Plan
Forget Me Nots
Theme – Me and My Family

Doing Curriculum

The children in Forget Me Nots will follow the Cribden Doing Curriculum developing skills across seven key areas: • Communication and Language: Listening, Understanding and Speaking • PSHRE: Personal, Social, Health, Relationships and Emotional Development • PE: Gross Motor Skills and Fine Motor Skills • English: Comprehension, Word-Reading and Writing • Maths: Number, Shape and Measure • Knowledge of the World: Time and Change, Cultures, Communities and Citizenship, Earth, Life and Environments • Expressive Arts: Art and Design, Design and Technology, Performing Arts (Music, Dance and Drama)'

Communication and Language

This half term, we will support Forget Me Knots in developing early communication skills through interactions focused on *Me and My Family*. Children will engage with familiar photos, mirrors, and family objects to build recognition and connection. Adults will model key vocabulary such as "mummy," "daddy," "me," and "home," using signs, visuals, and consistent routines to support understanding. Through songs, stories, and sensory experiences, children will be encouraged to respond with eye gaze, gestures, body movements, or vocalisations.

English

This half term, Forget Me Nots will engage in sensory stories, songs, and rhymes linked to *Me and My Family*. Daily reading sessions using books with familiar themes and photos will encourage attention and engagement. Adults will model simple language and sounds using repetition, gestures, and signing. Daily phonics will be practised through games and song. Children will explore books independently and with adults, fostering a love of stories and print through multi-sensory, meaningful interactions.

PSHRE

This half term, we will be exploring *'Being Me In My World'* through experiences that help our youngest children begin to develop a sense of self. We will support them in recognising familiar adults, their own name, their photograph, and personal belongings. Opportunities will be provided to explore early emotional awareness through simple emotion matching activities and expressive play.

To encourage early relationship building, children will take part in modelled play and adult-led interactions, helping them feel safe and secure in their environment.

Expressive Arts Children will explore *"Me and My Family"* through expressive arts, using drawing, painting, and collage to create family portraits. Role-play and movement activities will encourage non-verbal communication and emotional expression. Children will use music, dance, and gesture to represent family routines and relationships. These creative experiences will support self-awareness, social development, and allow all children, to express their understanding and feelings.

P.E

We will aim to explore our 'Fundamental Movement Skills'. We will be working on transitioning from the classroom to the PE hall in addition to accessing PE lessons covering skills including movement through sensory circuits and practising skills such as standing on one leg.

Outdoor Learning Inc. Forest School

The children will have the opportunity to access weekly Forest School sessions with Miss Weldon. These sessions will give the children opportunities to explore the natural world around them, observing, climbing, exploring, as well as developing their independence, and sensory exploration.

Knowledge of The World

This half term, Forget Me Nots will explore the concept of family through sensory and real-life experiences. Using family photos, mirrors, and familiar objects, children will begin to recognise themselves and people who are important to them. Staff will support awareness of differences and similarities between families through simple visuals and inclusive resources. Through daily routines and interactions, children will develop an early understanding of their place within their home and school environment.

Maths

We will begin our term by matching, sorting and comparing numbers, objects, shapes and colours. We will then begin to explore Measure and Patterns.
We will complete a practical Mathematics focused task each day but will provide plenty of opportunities to extend the children's learning through play, both inside and outside of the classroom.

Interventions

Forget Me Nots will have extended experiences across the seven key areas through interventions, indoor and outdoor, relating to Me and My Family, through Tuff Tray activities, sand and water play, play dough, interactive games, rhyme time and role-play.